

**R TIME IN SUPPORT OF PRIMARY SEAL, BEHAVIOUR  
AND ANTI-BULLYING**



**Friday 3rd July 2009**

**9.00 am - 4.00 pm**

**Exeter Racecourse**



**COURSE LEADER (S):** GREG SAMPSON, R TIME ORIGINATOR  
PETE HARVEY, AUTHOR AND R TIME CONSULTANT  
JOHN PASCOE, R TIME TRAINER  
PETRINA MISSONS, R TIME TRAINER

**TARGET AUDIENCE:**

This course is designed for Primary based school staff.

**THE OBJECTIVES/LEARNING OUTCOMES FOR THIS COURSE WILL BE:**

- To provide an insight into the philosophy behind R time, and a comprehensive overview of the practice of running the R time programme. On completion delegates will have enough information to implement R time in their class, school or group.
- To provide new strategies for improving behaviour.

**COURSE CONTENT:**

- History of R time
- Demonstration of an R time session
- Implementing R time in your school or setting
- R time and its relationship to SEAL/PSHE
- R time resources
- An introduction to peer massage
- Creative ideas for transition



**LUNCH IS PROVIDED**

**COST** £100 per delegate, plus VAT (Cost to include a free copy of Simply Behave by Greg Sampson)

Applications should be made using the form on Page 3 and sent to R time Ltd. at the

free post address on the back of leaflet

**TEL/FAX:** 024 7665 9393

**MOBILE:** 07946 333321

2



**Freepost plus RLXL-AZKB-KLBU**  
**R time Ltd**  
**55 Garth Crescent,**  
**Binley,**  
**COVENTRY,**  
**CV3 2PP**

A full day introduction to R time, SEAL, Behaviour Management and Peer Massage

*Would you like to help the pupils at your school to develop positive relationships and mutual respect?*

*Would you like to significantly reduce the incidences of bullying?*

*Would you like your whole class to develop their social, emotional and behavioural skills, show courtesy and display good manners to you and each other?*

The timetable for the day is as follows:

9.30 - 10.15 All together	10.15 - 11.15 All together	11.15 - 11.45	12.00 - 1.00 All together	1.00 - 2.00	2.00 - 3.15 Choice of workshops	3.15 - 4.00
Keynote speech  Greg Sampson	R time workshop  John Pascoe and Petrina Missons	Coffee	SEAL workshop  Greg Sampson	Lunch	Simply Behave (Improving Behaviour) - Greg Sampson Peer massage - John Pascoe Creative ideas for transition - Petrina Missons	Tea, mingle, questions.



- R** educes bullying and raises standards
- T** ackles inappropriate behaviour
- I** mproves relationships
- M** aximises potential and provides an
- E** xciting and enjoyable experience



### Booking Form - *Deadline for application Monday 1st June*

Date and Venue	Friday 3rd July 2009 at Exeter Racecourse
Name(s)	
Address for invoice, confirmation and further details.	
Contact Telephone number	
Email	
Special Dietary Requirements	

All delegates will take part in the first two workshops below.

Please choose between the remaining three workshops by putting 1 - 3 in the boxes.

- R time
- Primary SEAL
- Peer Massage
- Improving Behaviour
- Creative ideas for transition

Please tear off and return the completed form above. Photocopy the freepost address overleaf and attach to the front of your envelope.

Delegates will receive confirmation of their places and further information, including location map and workshop details.

Invoices for conference fees will be sent upon receipt of the application form.

